

## Walk to School Wednesdays

Our Eco Team is encouraging all students to be part our Walk to School Wednesdays initiative. Every Wednesday, students are encouraged to walk, bike or jog to school, or to their bus stop if they live too far away. Hopefully the weather will co-operate and allow for some beautiful spring time walks to school. It is important for all students to obey the rules of the road, and to walk on the sidewalk when they are walking to and from school. Students



who are riding their bikes are also encouraged to wear a bike helmet to ensure their safety. Thank you to our Eco Team for organizing this great initiative!

### Swim to Survive

Our grade three students have the opportunity to participate in the Swim to Survive program, which aims to ensure that all students have the skills to help themselves in the water. This program will take place on the last three Wednesdays in April.

### Stations of the Cross

Our grade 7/8 class will be having their annual Stations of the Cross presentation on Holy Thursday, April 17. Thank you to Mrs. Wheeler and her students for preparing this reverent event. Members of the school community are welcome to attend at 10:30 on the 17th.

# Earth Month

April is Earth Month, and we continue with several initiatives led by our Eco Team. The first is our waste free lunch Mondays, where students are encouraged to bring reusable containers for their lunch. We are also encouraging students to bring food waste back home where it can be disposed of in your family's green bin. We will also celebrate Earth Day on April 22 with a variety of classroom activities. Finally, we have been talking about the gift of clean water, and we will be participating in solidarity with our Indigenous brothers and sisters in their Walk for Water awareness walk on April 30. The students will learn about the importance of clean water for all of us, and our collective responsibility to care for this resource. The students will walk as a public display of our support for the environment, and families are welcome to join us.

### Natasha Fisher and Classic Roots

We are excited to welcome Natasha Fisher and Classic Roots to St. Alfred. They will be presenting to all of our students on Monday, April 14. Natasha will be discussing and sharing stories about Indigenous culture, anti bullying, mental health outlets, and our love and connection to music. Classic Roots will be speaking about his own experiences as an Indigenous DJ, playing a DJ set, as well as leading movement and dance. We are looking forward to this fun filled presentation!